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| **Personal Outcome:** | **C will develop self-calming skills through music (self-regulation and self-advocacy skills)** |
| **Individual’s definition of the outcome:** | C sings to himself or asks for specific help in calming down when in pain. SIB incidents continue to decrease. |
| **Current Situation:** | C complains of pain daily by whining or yelling, he names or points to body parts but is not always reliable. He may scream and hit the left side of his face when the pain is severe. When he becomes agitated due to unrelieved significant pain, it is only the singing of his parents that can help him calm. At times, his parents must sing for up to an hour to help him calm down. Staff are using a variety of strategies developed using music therapy. SIB incidents have declined over the last year as these strategies were put in place. C’s team members meet in large or small groups on a regular basis to collaborate concerning his support needs. (Baseline: 15/182 days) |

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| Goal 1 | C will interrupt self-injurious and/or other inappropriate behavior by his own singing or staff behavior when prompted. |
| Strategies for Implementation | Team collaboration; continued request for the purchase of music therapy 30 minutes a week using individual goods and services. Strategies developed to incorporate music in his support manual. Pain management and PBS strategies.  C’s individual support manual has and will continue to have detailed implementation guidelines for staff on all action steps and strategies listed. |
| Measure of Success: | C will have no more than one incident of SIB per month. |
| Who is Responsible? | PA staff will implement positive behavior supports including music interventions. Community Specialist and Designated Representative schedule and facilitate team meetings to insure consistent support from all staff |
| Estimated Completion Date | 6/30/2025 |

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| **Personal Outcome:** | **C will experience reduced pain, increased stamina and improved health.** |
| **Individual’s definition of the outcome:** | C moves through his day with limited pain that does not interfere with his ability to engage in meaningful activities. |
| **Current Situation:** | Current Situation: C’c pain from multiple medical conditions limit C’s participation in activities at home and in the community. C currently moves about his apartment using a transport chair. He still transfers from chair to toilet, bath to chair, and to bed independently or with minimal assist. His movements are slow. Without physical therapy to help maintain his ability to transfer and his range of motion, C is at risk for out-of-home placement. |

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| Goal 2 | C will experience reduced pain, increased stamina, andimproved health. |
| Strategies for Implementation | Physical therapy services weekly to keep mobility and follow-through by PA’s as recommended by the physical therapist. (Personalized exercise videos and staff training on activities) |
| Measure of Success: | C will engage in an exercise routine as designed by the physical therapist for 15 minutes on days he does not go out in the community. |
| Who is Responsible? | Aging Well; Paper logbook documentation by PAs |
| Estimated Completion Date | 6/30/2025 |

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| **Personal Outcome:** | **C will increase his independence and self-determination by engaging in meaningful activities at home with appropriate physical and behavioral supports.** |
| **Individual’s definition of the outcome:** | C engages in an average of ten meaningful activities per day. C will go out in the community at least twice per week. |
| **Current Situation:** | C engages in an average of five activities per day ranging from 0-15 activities depending on health.C engages in chores when physically able. C averages six trips per month in the community, typically to drive-through restaurants. C has the most difficulty when traveling when he is in pain. When he is not in pain, his behavior is appropriate 90% of the time when positive behavior supports are used. When C has been at home for extended periods due to health concerns, he has a greater need for behavioral supports when returning to community activities. Baseline: 7 trips per month. |

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| Goal 3 | C will engage in five activities of his choice at home per shift when he is not engaged in community activities. |
| Strategies for Implementation | Staff will offer choices at each natural transition throughout the day and at least every half hour if C has asked to be left alone. |
| Measure of Success: | An average of ten documented activities per day. |
| Who is Responsible? | Paper logbook documentation by PAs |
| Estimated Completion Date | 6/30/2025 |

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| Goal 4 | C will access a variety of community settings an average of three times per week. When provided with positive behavior supports, C will engage in appropriate behavior when traveling in the car and during community activities 100% of the time. |
| Strategies for Implementation | PBS strategies for travel in the community: CDs of favorite music, singing, planning, supplying favorite objects, and food. Community Specialist services for new staff training as C does not engage in inappropriate behavior when his parents are in the car. |
| Measure of Success: | An average of twelve documented trips per month. |
| Who is Responsible? | Paper logbook documentation by PAs |
| Estimated Completion Date | 6/30/2025 |

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| **Personal Outcome:** | **C will maintain his relationships with family and friends.** |
| **Individual’s definition of the outcome:** | C connects with friends and family often. |
| **Current Situation:** | C currently sends cards, writes letters, makes phone calls, and uses Facebook to contact family and friends two to three times a week. Connecting with friends and family keeps C engaged when he is unable to leave the house due to health issues. |

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| Goal 5 | C will keep in contact with important people in his life by sending birthday cards and invitations as well as making phone calls, using email and Facebook several times a week. |
| Strategies for Implementation | Staff training on connection tools. |
| Measure of Success: | Daily contact with someone outside his family and paid staff. |
| Who is Responsible? | Paper logbook documentation by PA’s |
| Estimated Completion Date | 6/30/2025 |