**Self Directed Supports To Do List**

**Before 18:**

* Develop post-secondary goals, a vision for quality of life, housing, post-secondary employment, and what the individual’s ideal day looks like.

**At 18:**

* Apply for social security income.
* Apply for Medicaid
* Determine a plan for guardianship: (self, court appointed guardian, supported decision making)..
* Request an evaluation for funding from the Department of Health and Senior Services.

**At 21:**

* Request an evaluation from the Department of Mental Health. (DDD)
* Develop an Individual Support Plan with the support of your DMH case manager.
* Enroll with the DMH fiscal intermediary (currently Acumen 2/2022).
* Enroll with a DHSS agency.
* Apply for any necessary programs and resources:
	+ Food stamps
	+ Group homes
	+ Continuing education/leisure classes
	+ Competitive employment with job coaching through vocational rehab/supported employment/volunteer work.
* If a self-directed waiver is selected:
	+ Develop a budget and determine the projected number of hours and rate of pay for employees.
	+ Submit employees for hire to both the fiscal intermediary and the DHSS agency.
	+ Develop a support manual.
	+ Develop a daily schedule for the individual.
	+ Schedule and train employees.

MO Helpful links: <https://www.acumenfiscalagent.com/missouri/>

Acumen training videos: ​​<https://acumenfiscalagent.zendesk.com/hc/en-us/articles/360057503092-Missouri-SDS-DCI-Webinar>