| **ILLNESS** | **SYMPTOMS** | **TREATMENT** |
| --- | --- | --- |
| allergies | sneezing, drooling, red itchy eyes  irritable | regular doses of antihistamine, decongestant, and steroid inhaler; eye drops as needed |
| aphthous stomatitis  canker sores | begin as small raised red dots increase to lentil size and become yellowish and fluid filled  drooling, wiping mouth with shirt  extreme irritability when canker sores are large or numerous | apply triamcinolone paste topically as needed  pain medication PRN  up to 6 25 mg tablets of hydroxyzine a day  (usual dose is 3 tablets)  if large or numerous, reduce demands |
| arthritis | complains of foot pain; talks about arches; asks to see PT or orthopedist; asks to change shoes | change shoes on request  pain medication PRN |
| cold | sneezing; drooling; wiping mouth with shirt  congested  may gag on food because of drainage  increased voice volume  at risk for middle ear infection | regular doses of antihistamine, decongestant, and steroid inhaler  reduce demands |

| **ILLNESS** | **SYMPTOMS** | **TREATMENT** |
| --- | --- | --- |
| constipation | asks to go to the bathroom frequently | increase fiber  increase amt. of caffeinated soda  Dulcolax after 3 days |
| middle ear infection | indicates ear hurts  yells out frequently  may slap his face  irritable | check with otoscope  (cloudy eardrum)  contact doctor for antibiotics  reduce demands |
| outer ear infection | indicates ear hurts  yells out frequently  irritable  flinches when ear is wiggled or when ear drops are put in | check with otoscope  (red irritated ear canal)  contact doctor for ear drops  reduce demands |
| shunt failure | extremely irritable  may sleep for short periods and then wake complaining of a headache  uneven dilation of pupils  DOES NOT VOMIT | contact doctor  EMERGENCY ROOM |
| sore throat | may not eat  may become silly  may become loud | reduce demands |
| TMJ | Irritable  May slap face  May point to ear | Reduce demands  Pain medicine prn  Soma (muscle relaxant)  Check mouth guard for wear |