| **ILLNESS** | **SYMPTOMS** | **TREATMENT** |
| --- | --- | --- |
| allergies | sneezing, drooling, red itchy eyesirritable | regular doses of antihistamine, decongestant, and steroid inhaler; eye drops as needed |
| aphthous stomatitiscanker sores | begin as small raised red dots increase to lentil size and become yellowish and fluid filleddrooling, wiping mouth with shirtextreme irritability when canker sores are large or numerous | apply triamcinolone paste topically as neededpain medication PRNup to 6 25 mg tablets of hydroxyzine a day(usual dose is 3 tablets)if large or numerous, reduce demands |
| arthritis | complains of foot pain; talks about arches; asks to see PT or orthopedist; asks to change shoes | change shoes on requestpain medication PRN |
| cold | sneezing; drooling; wiping mouth with shirtcongestedmay gag on food because of drainageincreased voice volumeat risk for middle ear infection | regular doses of antihistamine, decongestant, and steroid inhalerreduce demands |

| **ILLNESS** | **SYMPTOMS** | **TREATMENT** |
| --- | --- | --- |
| constipation | asks to go to the bathroom frequently | increase fiberincrease amt. of caffeinated sodaDulcolax after 3 days |
| middle ear infection | indicates ear hurtsyells out frequentlymay slap his faceirritable | check with otoscope(cloudy eardrum)contact doctor for antibioticsreduce demands |
| outer ear infection | indicates ear hurtsyells out frequentlyirritableflinches when ear is wiggled or when ear drops are put in | check with otoscope(red irritated ear canal)contact doctor for ear dropsreduce demands |
| shunt failure | extremely irritablemay sleep for short periods and then wake complaining of a headacheuneven dilation of pupilsDOES NOT VOMIT | contact doctorEMERGENCY ROOM |
| sore throat | may not eatmay become sillymay become loud | reduce demands |
| TMJ | IrritableMay slap faceMay point to ear | Reduce demandsPain medicine prnSoma (muscle relaxant)Check mouth guard for wear |